

RESOURCES FOR NEW CLIENTS

I recommend you take a look at these resources in order for you to get a feel for my approach to parenting. By looking at the videos or reading the books or articles you will know the kind of things I will be asking for when we meet throughout our consultations. It will allow you to know what to look for when incidents occur with your child and what we will be working on.

Some of the resources provided have are not specific to parenting but an approach to life and philosophy for living a wholehearted, happy life.

I hope you enjoy and it prompts in you curiosity and questions!

- **Kim John Payne, MSW (Simplicity Parenting)**

<http://www.simplicityparenting.com>

https://youtu.be/_9voQuCQDfg

<https://youtu.be/0WGwJvu3wKE>

<https://youtu.be/b26fQNtr23Q>

- **Dr Shefali Tsabary (Conscious Parenting)**

<https://youtu.be/U0nRnAeiZ5k>

https://youtu.be/QM_PQ2WUD2k

<https://youtu.be/ZvCgpsMBT4E>

<https://youtu.be/CzfNEalbcOk>

<https://youtu.be/ZsX6N94n74Y>

<https://drshefali.com/videos-portfolio/>

- **Dr Dan Siegel (Whole Brain Child)**

http://www.drdansiegel.com/resources/video_clips/

https://youtu.be/LiyaSr5aeho?list=PLuIsKy8rrObyRIwVFvmivQ5o2tG_UvGJ7

https://youtu.be/aV3hp_eaoiE?list=PLuIsKy8rrObyRIwVFvmivQ5o2tG_UvGJ7

<https://youtu.be/ChvN2uU0KJM>

- **Dr. Brene Brown (Power of Vulnerability/Gifts of Imperfection)**

http://www.ted.com/talks/brene_brown_on_vulnerability?language=en

http://www.ted.com/talks/brene_brown_listening_to_shame?language=en

<https://youtu.be/Sd3DYvBGyFs>

- **Dr Gordon Neufeld (Attachment)**

<https://www.youtube.com/watch?v=PcaMsZrElnE>

<https://youtu.be/PcaMsZrElnE>

<https://youtu.be/C4hbAGaTAGs>

https://www.youtube.com/watch?v=UIMkWJY5T_w

<https://youtu.be/MJjJNKpekW0>

- **Books and Other Resources:** For recommended books or videos, click on the Resouce and Store links on my website:

<http://drmadrigrano.com/links/> and <http://www.drmadrigrano.com/ginas-store/>